



# MAYFIELD CHURCH

*a United Methodist Congregation*

## October 2023 Newsletter

Rev. Beth Wilterdink, Lead Pastor • Pastor Jill Scott, Associate Pastor • Newsletter Editor: Rebecca Sulzer

Our mission is to offer Christ through an *inclusive community of faith* that worships God, cares for people, equips disciples, and works to transform the world.

### LET'S TALK ABOUT MENTAL HEALTH

By Rev. Beth Wilterdink

Throughout my time in ministry, I have met with and listened to members of the congregation who have either personally struggled with mental health issues or who has a family member or friend with a diagnosis. This coming month, we are going to tackle this very relevant topic as we talk about mental health. You have probably heard reports and statistics that all around the country - and really all around the world - people are struggling with mental health.

NAMI of Geauga County website says this for individuals with mental illness:

*If you have a mental health condition, **you are not alone.** One in five American adults experiences some form of mental illness in any given year. And across the population, 1 in every 25 adults is living with a serious mental health condition such as schizophrenia, bipolar disorder or long-term recurring major depression.*

*As with other serious illnesses, mental illness is not your fault or that of the people around you, but widespread misunderstandings about mental illness remain. Many people don't seek treatment or remain unaware that their symptoms could be connected to a mental health condition. People may expect a person with serious mental illness to look visibly different from others, and they may tell someone who doesn't "look ill" to "get over it" through willpower. These misperceptions add to the challenges of living with a mental health condition.*

*Every year people overcome the challenges of mental illness to do the things they enjoy. Through developing and following a treatment plan, you can dramatically reduce many of your symptoms. People with mental health conditions can and do pursue higher education, succeed in their careers, make friends and have relationships. Mental illness can slow us down, but we don't need to let it stop us.*

We sometimes talk about feeling like there is a hole in our lives, and mental illness contributes to making us feel this way. **But, from the church, we want you to know you are not alone.** As Christ came and walked the earth, a major part of Jesus' ministry was to bring healing and wholeness to individuals. As a church we need to talk about mental health because it is a part of our overall health and well-being, and our faith is one component that can partner with other help to move individuals toward healing and wholeness.

During this series, our goals are to take away the stigma about mental health concerns, help anyone in our congregation who is struggling with mental health concerns by providing resources, and become more compassionate toward one another who may be living with a mental health concern or illness in the community.

May the grace and compassion of Jesus Christ carry us to a place of healing and wholeness for ourselves and for family and friends, and our community, around us. I hope you'll join us, Sundays October 8 to 29.



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## MAYFIELD UMC CHARGE CONFERENCE

Save the date of our upcoming Charge Conference on **Sat., Oct. 14, at 10:30 AM**. This year, it will be held at **Middlefield First UMC**.

## ALL SAINTS SUNDAY

We are planning a celebration for “All Saints Day” on Sunday, Nov. 5, during our Sunday morning services. All Saints Day comes six months after Easter in the Christian calendar. It is a day for remembering those in our families and faith community who left us for the loving arms of Jesus during this past year, but who continue to be present with us in our hearts.

All Saints Day has a long history in the Christian Church. It is a celebration that helps us remember that our lives, our faith, and our actions are not simply our own creations. Instead, they are dependent on all we have been given by God, family members and friends who came before us— their stories, their love, their influence, and their witness.

We will read names and remember the lives of those who graced our path and journeyed with us as a gift from God.

If you have a loved one whom you lost since November 2022, we would like to remember and celebrate that person’s life during this service. Please contact Sally Matthews at [sylsal703@gmail.com](mailto:sylsal703@gmail.com).

## OUR DEEPEST SYMPATHIES

...to the Osborn family on the passing of Darrell’s brother, David Osborn, on September 9.

...to the family and friends of Elizabeth Summers, who passed away on September 13.

M.U.M.S., Mayfield United Methodist Stars, invites our special needs friends and their families to

## Fall Harvest & Trunk-or-Treat



Sat., Oct. 14  
2 - 4 PM

Mayfield Church Parking Lot

Hot dogs, chips, drinks, face painting, hayrides, crafts, games & more!

## Cookie Decorating

Tues., Nov. 21  
6 - 7:30 PM  
Fellowship Hall



Learn to decorate sugar cookies and take home your creations!

## Birthday Party for Jesus



Tues., Dec. 19  
6 - 7:30 PM  
Fellowship Hall

Enjoy cake, ice cream and fun!

*It's back!*

### SPECIAL NEEDS WORSHIP SERVICE

Every first Tuesday of the month  
6:30 PM  
Worship Center

For more information, contact  
Sandy Pavick at 440.429.5029 or  
[SandyinNewbury@aol.com](mailto:SandyinNewbury@aol.com)



## UPCOMING SUNDAY MESSAGES

9:30 AM Modern  
11 AM Traditional  
In-person & Livestream



### Series: Holes: Finding Wholeness Through Jesus

Oct. 8

#### Why Should We Talk About Mental Health?

11 AM SERVICE LIVESTREAMED

Oct. 15:

#### Grief, Suicide, and Hope

9:30 AM SERVICE LIVESTREAMED

Oct. 22:

#### Anger and Forgiveness

11 AM SERVICE LIVESTREAMED

Oct. 29:

#### Anxiety, Depression, and Peace

9:30 AM SERVICE LIVESTREAMED



## SPORTS MINISTRY

### Adult Coed Indoor Volleyball @ Nottingham Thursdays @ 6:30 - 8:30 PM

Join adults from churches in our community for a few games of pickup! Located Nottingham Baptist Church in Wickliffe every Thursday this fall and winter! To sign up, please text Chelsea Stickley at 440-465-5777.

## WOMEN'S MINISTRY

### Campfire at Amanda's House

Sun., Oct. 8 @ 6 PM

Bring a dish to share! To RSVP, contact Jenn at [jenn81884@gmail.com](mailto:jenn81884@gmail.com)

### When You Pray: A Study of Six Prayers in the Bible

Thurs., Oct. 12 @ 6:15 - 7:15 PM

All women are invited the second Thursday of the month for an hour of fellowship and conversation at church. Childcare is provided.

## MEN'S MINISTRY

### Breakfast, Fellowship & Discussion

Sat., Oct. 21 @ 8:30 - 9:30 AM

All men are invited the third Saturday of the month for eggs, potatoes, and bacon. For more info, email Jon at [jwilterdink@gmail.com](mailto:jwilterdink@gmail.com)

## SENIORS' MINISTRIES

### God's Caring Community

Thurs., Oct. 12 @ 10:30 AM - 1 PM

All seniors are invited every second Thursday of the month for fellowship, a program and lunch in Fellowship Hall. This month, Beth Stickley will share her experiences from a recent trip to Italy. Cost of lunch is \$6/pp.

### S.A.M.I. Dinner: Tavern Six

Wed., Oct. 25 @ 1 PM

Our singles ministry for those ages 60 years and older, meet for lunch the last Wednesday of the month at a restaurant in the community. This month, S.A.M.I. will be meeting at Tavern Six, 7592 Chardon Rd., Kirtland.

## GRIEF SUPPORT MINISTRY/STEPHEN MINISTRY

### "Healing after Loss" Support Group

Thursdays through Nov. 2 @ 6:30 - 8:30 PM

Join leaders from Stephen Ministry and our church for a 7-week journey to healing. Sign up by emailing Mardi Atkins at [4894atkins@gmail.com](mailto:4894atkins@gmail.com) to order your free devotional book, "Healing After Loss."

## SMALL GROUP MINISTRIES

*For more information, please contact Pastor Jill Scott, at [jill@mayfieldchurch.org](mailto:jill@mayfieldchurch.org)*

### The Early Birds

This group meets on the second and fourth Sundays of the month, at 9:15 AM, in room B30. They will continue their study of the book *Saving God from Religion* by Robin R. Meyers. This is a relatively new group and is open and encouraging of new members.

### Faith and Food on Fincherie

Aka "The Finches," have their next meeting on Sun., Oct. 15. Meetings begin with fellowship and conversation at 6:15 PM, with a meal at 6:30, and followed by Bible study at 7 PM. Topic to be determined.

### *The One: Reaching the Lost with the Love of Christ* by Jim and Jennifer Cowert

This is a four-week study, which will begin on Wed., Oct. 25, from 6:30 to 8 PM, and continue on Wednesdays through Nov. 15. Both men and women are welcome. This study utilizes a book and video, led by Pastor Jill.

## PRAYER SHAWL MINISTRY

### Knitting and Crochet Meeting

**Fri., Oct. 20 @ 1 - 2 PM**

Do you enjoy knitting or crocheting? Join this meeting every third Friday of the month in the Conference Room to create shawls and blankets for those in need.

## MUSIC MINISTRY

### Children & Youth Special Christmas Music

**Sundays at 9:30 and/or 11 AM, during advent**

Would you like to play a selection of Christmas music during our advent worship services? Please contact Carol Neff, [carol@mayfieldchurch.org](mailto:carol@mayfieldchurch.org), to schedule your music to share with our church family.

## CHILDREN'S MINISTRY

*For more information or to sign up for an event, please contact Jessica Martz, Children's Ministry Director, at [jessica@mayfieldchurch.org](mailto:jessica@mayfieldchurch.org)*

### Karate Registration Night

**Thursday, Oct. 12 @ 6:15 - 7:15 PM**

Children ages 6 and older are invited to sign up on Registration Night, Thurs., Oct. 12, from 6:15 to 7:15 PM, for Karate Class with Master Chuck Fazio. For more information and the full schedule, please visit our website.

### Fall Harvest & Trunk-or-Treat

**Sat., Oct. 14 @ 2 - 4 PM**

Enjoy hot dogs, chips, drinks, face painting, hayrides, crafts, games & more in our parking lot!

### Tweens Dinner & Movie Night

**Fri., Oct. 27 @ 6 - 8 PM**

Children in grades 4 and 5 are invited to the Community Dinner in Fellowship Hall and watch the movie "The Prince of Egypt" in The Rock. Please RSVP to Jess Martz by Oct. 20.

## YOUTH MINISTRY

*Grades 6 to 12. For more information, please contact Pastor Beth at [beth@mayfieldchurch.org](mailto:beth@mayfieldchurch.org)*

### Cookies, Sundaes and Mario Kart

**Sun., Oct. 8 @ 6 - 8 PM**

Location: Youth Room.

### Bonfire and Kickball

**Sun., Oct. 15 @ 6 - 8 PM**

Location: Church baseball diamond and Pavilion.

### Service Project: Trials for Hope

**Sun., Oct. 22 @ 6 - 8 PM**

Location: Mayfield Church. Serve by helping the homeless mission group in Cleveland, Trials for Hope, by packing and organizing food and hygiene products.

### Patterson Hayride and Bonfire

**Sun., Oct. 29 @ 6 - 8 PM**

Location: Patterson Fruit Farm, 8765 Mulberry Rd., Chesterland.

FREE ENTRY



**FALL HARVEST**  
AND  
*Trunk-or-Treat*

**SATURDAY, OCTOBER 14, 2023**

**2 - 4 PM**

HAYRIDES, CRAFTS, GAMES, FOOD,  
FACE PAINTING

OUR CHILDREN'S MINISTRY  
AND M.U.M.S.,  
SPECIAL NEEDS MINISTRY,  
ARE PARTNERING IN  
ANOTHER FUN EVENT FOR  
OUR COMMUNITY.

This year, we are looking for  
volunteers to decorate their  
trunks and pass out treats.

If you are interested in  
helping, please reach out to  
Sandy Pavick at  
[sandyinnewbury@aol.com](mailto:sandyinnewbury@aol.com)

## MONTHLY COMMUNITY DINNER

YOU ARE INVITED TO JOIN OUR FREE COMMUNITY DINNER  
FROM 5 TO 6:30 PM ON THE LAST FRIDAY OF EACH MONTH FOR A FREE,  
NO-PREP, NO-STRESS MEAL IN FELLOWSHIP HALL.

Friday, October 27

5 - 6:30 PM

No need to RSVP and carry-out is also available.  
Questions? Call the church office at 440-729-4006



# "WORKING TO TRANSFORM THE WORLD"



Our Youth Group had a great time at Cedar Point on Sat., Sept. 16! Check out the upcoming youth events on page 5.



Clark Family: Cowboy Earthworks Excavation



Jim Patterson: Patterson Fruit Farm



On Sunday, Sept., 4 we celebrated the baptism of

*Sophie Anne Wilson*

Daughter of Craig and Taylor (Nickel) Wilson, Granddaughter of Tom and Judy Wilson & Chuck and Jodi Nickel



Cameron Whiteman: Chagrin Valley Paving

Truck Night, hosted by Sandy Pavick from M.U.M.S., special needs ministry, was a lot of fun! Thanks to the members of the community and our congregation (pictured above) for participating!

# IMPORTANT DATES

Care Team Zoom Mtg.	Tues., Oct. 3 @ 7 PM
Finance Mtg.	Tues., Oct. 10 @ 7 PM
God's Caring Community	Thurs., Oct. 12 @ 10:30 AM
Stephen Leaders Zoom Mtg.	Mon., Oct. 16 @ 10 AM
Mission Outreach Council Mtg.	Mon., Oct. 10 @ 6 PM
M.U.M.S. Fall Harvest	Sat., Oct. 14 @ 2 - 4 PM
Trustees Mtg.	Tues., Oct. 17 @ 7 PM
Prayer Shawl Ministry	Fri., Oct. 20 @ 1 PM
Executive Mtg.	Tues., Oct. 24 @ 7 PM
Community Dinner	Fri., Oct. 27 @ 5—6:30 PM
S.A.M.I.	Wed., Oct. 25 @ 1 PM

## YOUTH

Young Servants	<i>Not meeting this month</i>
Tweens: Dinner & Movie	Fri., Oct. 27 @ 6 PM
Youth Bible Study	Sundays @ 11 AM
Youth Group (Middle/High)	<i>see schedule on page 5</i>

## MUSIC

9:30 Band Rehearsal	Wednesdays @ 7 PM
Hand Bell Rehearsal	Thursdays @ 6:15 PM
Chancel Choir Rehearsal	Thursdays @ 7:30 PM

## SMALL GROUPS (SEE MORE ON PAGE 4)

Senior Disciples	Thursdays @ 4 PM
The Early Birds	Sun., Oct. 8 & 22 @ 9:15 AM
Faith Builders (Zoom)	Mondays @ 9:30 AM
Holy Huddle	Wednesdays @ 10 AM

# MAYFIELD STAFF

**Rev. Beth Wilterdink**

Lead Pastor  
[beth@mayfieldchurch.org](mailto:beth@mayfieldchurch.org)

**Pastor Jill Scott**

Associate Pastor  
[jill@mayfieldchurch.org](mailto:jill@mayfieldchurch.org)

**Rebecca Sulzer**

Office and Communications Director  
[rebecca@mayfieldchurch.org](mailto:rebecca@mayfieldchurch.org)

**Darlene Janke**

Financial Administrator  
[darlene@mayfieldchurch.org](mailto:darlene@mayfieldchurch.org)

**Jessica Martz**

Children's Ministry Director  
[jessica@mayfieldchurch.org](mailto:jessica@mayfieldchurch.org)

**Carol Neff**

Organist  
[carol@mayfieldchurch.org](mailto:carol@mayfieldchurch.org)

**Sarah Dixon**

Modern Worship Director  
[sarah@mayfieldchurch.org](mailto:sarah@mayfieldchurch.org)

**Joel Logan**

Choir Director  
[joel@mayfieldchurch.org](mailto:joel@mayfieldchurch.org)

**Steve Vegel**

Facilities Manager  
[steve@mayfieldchurch.org](mailto:steve@mayfieldchurch.org)

**Patty Wenzel**

Director of Heartland Childcare Center  
[patty@mayfieldchurch.org](mailto:patty@mayfieldchurch.org)

**Church Office Hours**  
 Monday - Friday: 9 AM—1 PM

*Ways to Give*

### ONLINE OR EFT

[mayfieldchurch.org](http://mayfieldchurch.org) →

Give

### IN-PERSON OR MAIL

**Mayfield UMC**  
 7747 Mayfield Rd.  
 Chesterland, OH 44026  
 440-729-4006

### MOBILE



**American Red Cross**

The Red Cross is in a nationwide blood emergency. Donors of all blood types, especially Type O, are desperately needed. In appreciation, all donors will be eligible to receive a \$15 Amazon gift card via email.

We are hosting the  
 Red Cross Blood Drive on  
**Wednesday, October 18**  
**1 - 6 PM: By Appointment Only**

To sign up for an appointment:

1. Scan the QR code or go to [redcrossblood.org](http://redcrossblood.org)
2. Enter Zip Code 44026
3. Scroll down to find Mayfield Church on Oct. 18.
4. Select the time you would like to donate.



Scan to schedule an appointment.



**October Collection for the Geauga County Food Bank:**  
 Coffee, tea, hot chocolate,  
 juice, snack bars

